

Re-thinking the Human Factor podcast - Awareness, Behaviour, Legal and Regulatory Requirements, with Jonathan Armstrong

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Join Jonathan Armstrong and Bruce Hallas as they discuss the following aspects of cyber security in this podcast:

- Training / Practice for helping to not only reduce the likelihood of cyber attacks, but also how to address a problem when something goes wrong (which it inevitably will at some point)
- The law is increasingly saying that companies must implement some form of education and awareness training, and when a breach does happen, companies must have their arguments ready pre-breach so they can respond effectively to a breach and be able to defend their efforts to stave off the attack
- Those who have managed breaches most effectively are those who have run simulations and had a plan in place
- Stakeholder management
- The role Education and Awareness plays in terms of how a regulator might look at a breach
- How to spot training programs that will pass regulations vs those that won't
- The disparity between the cost of high-quality training vs the cost of handling a breach or facing fines for non-compliance

To listen to this podcast, please click on the link below:

[Re-thinking the Human Factor Podcast](#)

More about Bruce Hallas & The Re-thinking the Human Factor Podcast Team:

Bruce Hallas is an advocate, consultant, trainer and speaker in the field of information security awareness, behaviour and culture, governance, risk and compliance.

Bruce has spent nearly all of his career in information security, information assurance and IT security management seeing the executive management challenge as being a balancing act between negative risks to an organisation's strategic and operational objectives, and the cost of managing these through appropriate internal controls.

To find out more about the work that Bruce and his team does, please visit:

<https://www.marmaladebox.com/>

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